



NEED A LOCAL IN-NETWORK SPECIALIST?

Finding a local in-network specialist can be difficult, especially when you feel like you may be judged because of your gender or sexual orientation. In fact, 20% of the LGBTQ+ community often avoids visiting or speaking to doctors altogether. Through AECOM, you have an exclusive membership to 2nd.MD, a virtual expert medical consultation and navigation service, with a team who is ready to help you today with your unique health needs.

Our caring and compassionate team can help locate and connect you with a specialist who fits your needs, including:

- Understanding needs and challenges of the LGBTQ+ community
- Any specific conditions you may have
- Covered under your AECOM insurance
- Your preferences for provider location, languages spoken and gender
- Client satisfaction ratings

WHO IS ELIGIBLE?

2nd.MD is available at **NO ADDITIONAL COST** to employees and their eligible dependents enrolled in an AECOM medical plan. All 2nd.MD services are secure and 100% confidential.

GET STARTED TODAY

Call **1.866.887.0712**

Visit **www.2nd.MD/aecom**

Download the **2nd.MD app**



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CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

HOW WE HELP: 3 Simple Steps

1. ACTIVATE YOUR ACCOUNT

Activating your account is easy. Just visit www.2nd.MD/aecom, call us at 1.866.887.0712 or download our app.

2. SPEAK WITH OUR CARE TEAM

Simply explain your medical issues and any preferences you have, and our Care Team will handle the rest.

- We search for providers who specialize in your specific condition, match your preferences, and are in-network.
- We then contact each provider to confirm they are accepting new patients.

3. SELECT A SPECIALIST

After we've ensured all specialists pass our thorough Quality Criteria Check[†], our Care Team will contact you with several specialists to choose from.

- Once you've selected a specialist, our team has the ability to collect and transfer all your medical records and even schedule your first appointment upon request!

[†]QUALITY CRITERIA CHECK

Active licenses; Board certifications; No sanctions or infringements; Top quartile within condition / procedure; Low risk for readmission, complications, and infections; Good overall patient reviews; Matches members preferences; Cost / value

