

SmartSpend



SmartSpending™

SAVINGS GUIDE

DO MORE. SPEND LESS.

Springtime! We're getting ready for flowers in every color, long walks in the sun and our **SmartSpend** deals for the best discounts and offers!

Spring/Summer
2023

www.aecomsmartspend.com

3

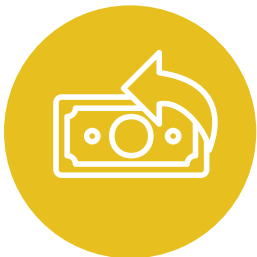
easy ways to save this spring and summer

We're all feeling the cost of living strain in every aspect of our lives, so saving money where we can is more important than ever. Fortunately, SmartSpending™ offers three ways to save on your everyday expenses so your money stretches further:



INSTANT CARDS

With Instant Cards, you save money immediately. You choose the amount you want to purchase a card for and pay a discounted price. You can then use the card to pay online or in store.



CASHBACK

When you make a purchase via the Cashback option, you get a fixed amount or percentage of the total amount back. After it's been confirmed, the Cashback will make its way to your account on the platform where you can choose to spend it online or withdraw it.



DISCOUNT CODES

Saving could not be quicker than with our Discount Codes. By just copying and pasting, you instantly save on your purchase!

Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Feeling hungry?



Whether you love going to the supermarket to pick and choose the items you love, or letting your favorite food come to you, SmartSpending™ helps you save!

Supermarkets

Get your grocery list ready and save at these stores:



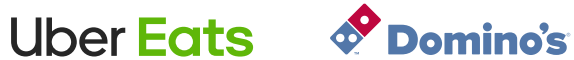
Recipe boxes

You love cooking but you could use some inspiration? Have all the ingredients you need delivered directly to your door:



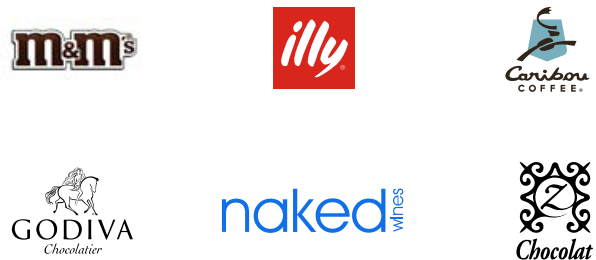
Food Delivery

Not in the mood to prepare dinner? Just order whatever you're in the mood for and dig in:



Specialty stores

Your family's favorite treats don't have to be off limits when you can save on specialty store offers:



Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Easy **spring** crafts

Making your home spring-ready doesn't have to be expensive! In fact, a nice DIY project can be the perfect family activity where you spend quality time together and get some lovely decorations as a result. These lanterns will get you in the mood for outdoor summer nights!



Fairy light lanterns

What you need:

- 2 fl oz water
- 4 fl oz starch
- Large bottle of clear glue
- Yarn in your favorite colors
- Balloons (one of each lantern you want to make)
- Fairy string lights (ideally battery-operated)
- Large bowl and fork
- Cooking oil or vaseline

Follow these steps:

STEP 1: Prepare your glue mixture. Use a fork to mix the water, corn starch and full bottle of glue in the large bowl. Mix until smooth, and ensure there are no lumps.

STEP 2: Blow up the balloon to the desired size. Cover it with cooking oil or vaseline so the string doesn't stick to the balloon. Then, place it on top of a cup with the tied-end facing up.

STEP 3: Unwrap the yarn and submerge it in the glue mixture until saturated (up to a minute, usually). Once all the yarn is covered in the glue, tie one end of the string tight around the top knot of the balloon.

STEP 4: Begin to pull lengths of the string out of the glue mixture while wiping off any excess glue. Start by wrapping the yarn 5-6 times

vertically around the balloon. Then place the balloon back on the cup and spin it as you wrap horizontally, diagonally, or any whichever way you please – but be sure not to leave any large gaps!

STEP 5: Let the yarn and balloon dry for 24-48 hours.

STEP 6: Once dry, gently poke the balloon through the lantern holes with the dull end of a pen or pencil. This will help to separate the yarn from the balloon. Once you've separated the yarn and balloon enough, pop the balloon!

STEP 7: Now that you have a solid string lantern, carefully feed the fairy lights through the primary opening so that they create a bit of a tangled ball. Make sure you keep the on/off switch accessible!

Idea and image from <https://splashofsomething.com/2011/05/13/lantern-diy-let-there-be-light/>



ART.
COM

AliExpress™

LOWE'S

Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Soak up the savings

Did you know that the average family spends about two-months worth of salary on holidays per year? It's easy to see why. Traveling improves our overall wellbeing and reduces stress. Unfortunately, the cost of living strain has led to many of us feeling like we need to cut back on holidays. To help take away some of that stress, **SmartSpend** has savings and discounts for every kind of holiday, from train trips to flights to complete holiday packages.



Here are some of our favorite destinations for 2023!

Lanzarote, Canary Islands

If it's sun you're after, Lanzarote should be top of your list. Not only does this beautiful island have an average temperature of 77°F, its breathtaking beaches and impressive landscape make it the perfect holiday destination. Go here for sun, surfing, cycling, diving and volcanoes!

Amsterdam, The Netherlands

There's a reason Amsterdam is one of the most popular cities to visit. The city has incredible history and architecture, so you'll definitely get your sightseeing fix. But it's also the perfect place to just wander around and take in the beautiful scenery.

The Dominican Republic

If you're looking for sandy beaches and great weather close to home, The Dominican Republic is an excellent choice. Think incredible landscapes, adrenaline-rushing activities and endless relaxation!



Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.



Coconutty Caribbean soup

Preparation
time: 35 mins

Serves: 4

Rising temperatures don't mean you can't still enjoy soup! We just need to add a sunny vibe to it. With this recipe, that's guaranteed. Poudre de Colombo is a spice mix that has its origins in Sri Lanka, but is much beloved by cooks in the French Caribbean islands. With black beans and plenty of veggies in a delicious coconutty broth, it's a true taste of sunshine. Enjoy!

What you will need:

- 4 sweet potatoes
- 0.5 oz Jerk seasoning
- 6 spring onions
- 4 garlic cloves
- 2 red peppers
- 1 lime
- 14 oz black beans
- 1 oz Poudre de Colombo
- 14 oz finely chopped tomatoes
- 7 fl oz water
- 28 fl oz coconut milk
- 4 cubes/sachets of vegetable stock

ACME

STAR MARKET

e-meals

Recipe and image from Hellofresh.co.uk

How to make it:

STEP 1: Preheat your oven to 375°F. Chop the sweet potato into 1-inch chunks (no need to peel). Put them on a baking tray, drizzle with oil and season with salt and pepper. Sprinkle over half the Caribbean Jerk Spice, toss together, then spread out and roast in your oven until golden and cooked through, 25-30 mins, turning halfway.

STEP 2: Meanwhile, trim and thinly slice the spring onions. Peel and grate the garlic (or use a garlic press). Halve the pepper and discard the core and seeds. Chop into small 2cm pieces. Zest and halve the lime. Drain and rinse the black beans in a sieve.

STEP 3: Heat a drizzle of oil in a saucepan on medium heat. Add half the spring onion and fry until softened, 2-3 mins. Add the pepper and cook, stirring, for

4-5 more minutes. Once the pepper has softened slightly, stir in the garlic and Poudre de Colombo. Cook for 30 seconds, then add black beans and chopped tomatoes.

STEP 4: Add the water (see ingredients for amount) to the pan. Stir in the coconut milk and vegetable stock powder. Season salt and pepper and bring the soup to a gentle simmer. Stir together and cook until thickened, 10-12 mins.

STEP 5: Once the soup is lovely, tomatoey and rich, remove it from the heat, stir in the roasted sweet potatoes and squeeze in half the lime juice. Taste and add more lime juice, salt and pepper if you feel it needs it.

STEP 6: Serve your Caribbean soup with the remaining spring onions and the lime zest sprinkled on top. Enjoy!

Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Bring the sun into your home

With new seasons come new home and garden trends. Whether you're looking for some temporary summer decorations or you want to completely restyle your home, with our discounts and savings, you can do so without breaking the bank.

Get inspired by these 2023 interior trends:

Outdoor-inspired

Design is more impacted by nature than ever before. This is because designers source local and sustainable materials more and more. You can bring the outdoors into your home as well by working with materials such as wood, wool, sheepskin and stone.

Black to black

If you like a dramatic look, go for black eye catchers. This will give the room character and it adds a rich feel. Also, black is absolutely timeless. You can add even more gothic elements like arch mirrors, sculptures or lavish chandeliers.

70s

The popularity of the seventies is never-ending. Think warm brown, gold, orange and red tones and layer with fun shapes and colors. Not only does a seventies home look incredibly cool, it also has a comforting and positive effect on the people in it. If you're looking for a new sofa, look for models with deeper seats and soft shapes.

If it feels good, it looks good

Wellness is one of the biggest interior trends this year. You want your interior to help you unwind and practice mindfulness. How can self-care be part of your interior? Well, start with making small improvements, such as adding light, greenery and calming materials such as wood. Or declutter your home by adding shelves or organizing units.

Images from <https://www.decorilla.com/online-decorating/interior-design-trends-2023/>



HomeGoods®

★ macy's

🎯 TARGET

LOWE'S

mb MODERNBATHROOM

Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Rest easy with SmartSpending™

Our sleep impacts how we feel mentally and physically, which makes a healthy sleep schedule absolutely essential. Your sleep is absolutely worth investing in and **SmartSpend** can help you save on everything you need to turn your bedroom into a sanctuary.

Here are our five most important tips for a good night's sleep:

Create the right environment

The perfect sleep environment is personal, but we do know that little things can have a big impact. Maybe you like your room cool, dark and quiet, or maybe you need gentle sounds like rainfall or a crackling fire. Find what works for you. Also make sure that there are no distractions around. Put your phone on silent and as far away as possible.

Get a pillow spray

Scents can have a calming effect. Two of the most well-known ones are lavender and chamomile. You can buy these in the form of a pillow spray to help you fall asleep easier. Having that same comforting scent every night will send signals to your brain that it's time to fall asleep.

A warm bath

Another great way to get sleepy: a long, warm bath. You can read or enjoy a skincare routine.

Don't force it

If you can't seem to fall asleep, don't keep tossing and turning. Try to just enjoy the feeling of resting and you may fall asleep naturally. If not, go do something else like reading or listening to music. You will probably start to feel sleepy soon.

Invest in the quality of your bed

If there's anything worth investing in, it's the quality of your bed, mattress and pillow. Not only will this improve your sleep, it also helps avoid back, neck and shoulder pain. Your body will thank you!



Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Days out on a budget

Summertime might have a reputation as one of the most expensive times of the year, but that doesn't have to be the case. You can have a legendary summer at every budget. Call your family or friends and get away for the day!

Whether you're in the mood for adventure, sightseeing or family fun, all of these options and more can be discovered on **SmartSpend**, where hundreds of retailers are offering you impressive discounts on whatever you feel like doing this summer!

Check out our deals for

GROUPON

Virgin
EXPERIENCE
GIFTS

viator

REGAL



Save on-the-go with the **SmartSpending™** app



With the SmartSpending™ app, you can save wherever and whenever you want. You can save in all the same ways you would on a browser. Perfect for when you find yourself on a spontaneous shopping trip and you want to enjoy your discounts last minute! Plus, if you enable the Push Notifications setting, you'll get the latest savings and increased deals sent straight to your phone.



Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.



Higher temperatures, lower bills



The cost of living strains have led to many of us having to rethink our budget, but some costs are just not optional. However, our discounts can still help you save on those daily essentials. We offer deals on everything from energy or broadband providers to phone plans. Saving on utilities really adds up!



Dining out **for less**

One of the best things about nice weather? Al fresco dining, of course! Take advantage of our offers on **SmartSpend** and never pay full price.



Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Suitcase essentials

A staycation, day out, a road trip or a long beach holiday? Head into spring and summer with these discounts!

Fashion

You're almost ready for summer, but is the same thing true for your wardrobe? Maybe you still need an outfit for a friend's summer wedding or swimwear for your holiday? Turn heads with your new looks without spending your entire holiday budget!



MANGO

OLD NAVY

FRENCH CONNECTION



Summer accessories

When the weather gets hot, you want to make sure that you have everything you need to keep you cool. Great-to-have items are: a hat, a reusable water bottle and a light bag!

ACCESSORIZE
LONDON

TJ-maxx

bloomingdales

Skincare

Sunscreen, lip balm, moisturizer, a refreshing face spray... It's worth paying attention to skincare this summer! Just don't check out without our discounts!

SEPHORA

BED BATH &
BEYOND

YVES ROCHER
FRANCE

BEAUTY
PIE

elf
eyes lips face



ULTA
BEAUTY

To set the mood, here's a playlist for road trips and summer nights

"Summer Wine" - Nancy Sinatra & Lee Hazlewood

"Flowers" - Miley Cyrus

"Waking Up Dreaming" - Shania Twain

"Friday I'm In Love" - The Cure

"2 Be Loved (Am I Ready)" - Lizzo

"Three Little Birds" - Bob Marley & The Wailers

"Cruel Summer" - Taylor Swift

"Over The Rainbow" - Israel Kamakawiwo'ole

"Waitin' On A Sunny Day" - Bruce Springsteen

"New Shoes" - Paolo Nutini

"Angel Of The Morning" - Juice Newton

"Suddenly I See" - KT Tunstall

"Trustfall" - P!nk

"Late Night Talking" - Harry Styles

"I'm Gonna Be (500 Miles)" - The Proclaimers

Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.

Travel tech & getaway gadgets

The days are getting longer and soon we'll be spending more time outside. That also means we need the tech to support us on our summer adventures! We suggest investing in:

- **A portable charger for days out**
- **Wireless earphones for long walks**
- **A smartwatch to always stay up-to-date and track your activity**
- **A portable speaker for barbecues with friends and family**
- **An e-reader to pack hundreds of books without having to sacrifice the space**

Have a look at these retailers to make impressive savings on the latest tech:



Save today, head to:
www.aecomsmartspend.com

*All discounts and offers are subject to change without notice.



**HEAD INTO
SPRING
&
SUMMER
WITH SAVINGS AT**

www.aecomsmartspend.com